



WARM UP

GAME

Popcorn

Autumn 1 – Week 5

LEARNING OUTCOMES:

- Gross motor skills and spatial awareness.
- Listening, attention and reacting.
- Sharing and teamwork.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: World / Expressive / Maths.

TIME:

5 – 10 mins.

EQUIPMENT:

Bean bags

SAFETY:

Make sure the bean bags are thrown up in the air and not sideways. All children run in the same direction.

SET-UP:

Scatter lots of beanbags across the floor.

DESCRIPTION

The bean bags are the popcorn. The children have to run over the popcorn to get it hot. Once you say the popcorn is hot enough and ready to pop each child finds a beanbag and throws it up into the air and shouts pop. They then find a new beanbag and do the same. Once they have popped all the popcorn you can get the children running again to repeat the game.

PROGRESSION/VARIATION

1. Have different coloured beans bags acting as different flavours that are ready at different times.
2. Introduce counting, children count the beanbags as they throw them.
3. Introduce teams and colours, for example, boys pop the red and girls pop the blue.