



# VIRTUAL

Our mission at Sports 4 Tots is to spark a love for sport at an early age to allow children to enjoy a healthy and active lifestyle.

Sports 4 Tots Virtual is an online programme that includes fun and exciting videos and digital lesson plans.

Our virtual programme has been planned and designed by coaches with over 30 years of teaching experience.

Your entire year of physical education is planned for you.

[WWW.SPORTS4TOTS.ORG.UK](http://WWW.SPORTS4TOTS.ORG.UK)



# ABOUT SPORTS 4 TOTS



Our award winning teaching programme is multi sport based and focuses on learning core fundamental skills as well as basic sports specific skills. This gives our students a diverse skill set and introduces children to a variety of sports at an early age. Our teaching programme is structured with linked and progressive activities that are exciting, educational and above all FUN.

Sports 4 Tots recognise the increasing rise in childhood inactivity and we believe it is paramount that physical education and sport play an important role in a child's life from an early age.

We aim to improve fundamental skills such as balance, coordination, agility and also improve upon social skills such as communication, listening, sharing, following instructions and being part of a

team. Our teaching programme also incorporates counting, colours, shapes and healthy eating games.

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Our virtual programme has been planned and designed by coaches with over 30 years of teaching experience.

Your entire year of physical education is planned for you.

Check out [www.sports4tots.org.uk](http://www.sports4tots.org.uk).

## SPORTS INCLUDE



**RUGBY**



**TENNIS**



**ATHLETICS**



**HOCKEY**



## BALANCE & AGILITY



**FOOTBALL**



**BASKETBALL**



**CRICKET**



**DANCE**



# THE BENEFITS OF SPORTS 4 TOTS

**PROMOTES A HEALTHY LIFESTYLE**

**HELPS CHILDREN'S PHYSICAL AND  
COGNITIVE DEVELOPMENT**

**IMPROVES SOCIAL SKILLS SUCH AS,  
COMMUNICATION, LISTENING AND SHARING**

**TACKLES CHILDHOOD INACTIVITY**

**STRUCTURED, EXCITING AND  
EDUCATIONAL PROGRAMME**

**PROFESSIONALLY PRODUCED VISUAL VIDEOS**

**EASY TO READ AND FOLLOW PLANNED  
ACTIVITY SHEETS**

**START YOUNG... GET ACTIVE... STAY HEALTHY**



# OUR VIRTUAL PROGRAMME

The Sports 4 Tots virtual teaching schedule includes 36 weeks of linked and progressive lessons. It has been designed around an academic school year so your physical activities are covered for autumn, spring and summer terms.

Members have exclusive access to all digital content that is organised into weekly sports activities, your entire year of P.E is planned for you. There are over 100 plans and over 100 videos per school year. As well as the videos and plans there are children's worksheets which cover counting, phonics and pen control. There is staff training and even planned activities for the children to do at home.

The virtual videos are fun to watch with your children before the start of the activity. They help children and staff understand how to set up and play the game. The videos are engaging and inspire the children to get the most out of their physical activity time.

There are also themed lessons for specific times of the year, including Easter, Christmas and Sports Days.

Lessons can also take place anywhere, inside or outside and all activities can be adapted to suit your size and type of area.

Our programme follows and adheres to the requirements and guidelines stated by the EYFS and National Curriculum.





# OUR SUBSCRIPTION PACKAGE

## A Sports 4 Tots Membership Includes:

- Exclusive viewing of our coaching videos.
- Exclusive access to our linked and progressive lesson plans.
- Exclusive access to our member's area.
- Parent communication materials.
- Follow up calls and emails.
- Ongoing support for your staff.
- Gain a Sports 4 Tots membership certificate.
- Posters, wall charts, certificates and reward charts.
- Linked activity sheets.
- Letters from our mascot.
- Assessment sheets.
- Training and staff development.





# MEMBERSHIP PRICING

**A SPORTS 4 TOTS ANNUAL  
SUBSCRIPTION FOR A SINGLE  
SETTING IS £349**

This works out at

**ONLY £6.71 PER WEEK!**

Type of Membership	Annual Cost
Single Subscription	£349
Multiple Subscriptions (2 to 5 schools / nurseries) = <b>10% Discount</b>	£314 (per school)
Multiple Subscriptions (6 to 10 schools / nurseries) = <b>15% Discount</b>	£297 (per school)
Over 10 Subscriptions – Contact us for the best and latest prices.	



Visit [www.sports4tots.org.uk](http://www.sports4tots.org.uk) and click on our 'S4T Virtual' page



# EQUIPMENT BOXES

(OPTIONAL)

To get the most out of your membership and ensure you always have the correct equipment, the following boxes are available as an optional purchase.

An equipment box includes all the equipment your children need to follow the planned activities.

SIZE	WHAT'S INCLUDED	COST
<p><b>SMALL</b> (Suitable for 8 children at a time)</p>	<p>8 footballs 8 hockey sticks 8 rugby balls 8 basketballs 8 tennis rackets 8 catching nets 8 bouncy balls 8 reaction balls 8 balance quoits 4 hurdles 8 hoops 6 poles &amp; 6 bases 4 cricket bats 2 cricket stumps 4 javelins</p> <p>2 pop up goals 8 markers 1 agility ladder 1 set agility rings 20 bean bags 20 cones 8 team bands 20 sponge balls 20 airflow balls 1 pump 1 whistle 1 foam dice 1 storage box 2 drawstring bags 3 mesh ball bags</p>	<p><b>£850</b></p>
<p><b>MEDIUM</b> (Suitable for 12 children at a time)</p>	<p>All of the above but in higher quantities for 12 children.</p>	<p><b>£1,150</b></p>
<p><b>LARGE</b> (Suitable for 16 children at a time)</p>	<p>All of the above but in higher quantities for 16 children.</p>	<p><b>£1,450</b></p>
<p><b>EXTRA LARGE</b> (Suitable for 30 children at a time)</p>	<p>All of the above but in higher quantities for 30 children.</p>	<p><b>£2,250</b></p>



Purchasing the correct, suitable sports equipment can sometimes be a minefield, which is why we have done the hard work for you. The equipment included is age related, safe and of the highest quality.

By purchasing an equipment box, you know that your setting will have all the necessary equipment to deliver the Sports 4 Tots programme to its full potential.



# WHY CHOOSE SPORTS 4 TOTS



A great selling point to potential new parents



Programme developed by coaches with over 30 years of teaching early years



Achieve physical activity targets



Develop staff confidence and ability in PE tuition



We do all the planning and an equipment box ensures you have the right equipment



The videos give staff and children a visual guide to follow



Provide inspiration for physical activities at the click of a button





# FREE TASTER VIDEO AND PLAN



If you would like to experience the Sports 4 Tots programme before you sign up, please contact us to receive your free video and lesson plan.

**A GREAT WAY TO SEE HOW YOU AND YOUR  
CHILDREN CAN BENEFIT FROM  
SPORTS 4 TOTS**

# SPORTS 4 TOTS IN ACTION





# WHAT SHALL I DO NEXT?

Visit our website and sign up today to start getting the benefits of a Sports 4 Tots subscription.



# SAY HELLO!



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@Sports4TotsVirtual