



HOW SPORTS 4 TOTS LINKS TO THE EARLY YEARS FOUNDATION STAGE (EYFS)

THE FOUR SPECIFIC AREAS



LITERACY

Stories and characters are used within most activities.

Listening and copying the words and sounds of the Sports 4 Tots March.

Activity worksheets for children to complete, these include phonics, counting and letters.



MATHEMATICS

Counting, shapes and sizes are all included within our activities.

The use of varied amounts of equipment and positional language.

Activity worksheets which include counting and shapes.

Games that involve the children in the creation of numbers or amounts, for example "two children in a hoop"



UNDERSTANDING THE WORLD

The use of characters and themed games including vehicles, animals and living things.

Our themed lessons including Easter and Christmas.

Raising discussions about sporting events.

Activity worksheets that link to the children's physical world and their community for example, the World Cup.



EXPRESSIVE ARTS AND DESIGN

Our music and dance themed lessons provide opportunity for children to express themselves.

Our lessons encourage imagination and creativity.

Learning a sequence of movements through the Sports 4 Tots March. Our song also encourages singing.

Our well-being videos encourage children to express their feelings and learn about different types of emotions.

Start Young... Get Active... Stay Healthy...

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