



# AT HOME

## GAME

### Popcorn

Spring Term

## BENEFITS:

- Different movements / Gross motor skills.
- Spatial awareness.
- Speed and agility.
- Listening, attention and reacting.
- Sharing and teamwork.

## WHAT YOU NEED:

Rolled up socks to represent the popcorn.

## SET-UP:

Clear an area and scatter lots of rolled up pairs of socks across the floor/garden.

## SAFETY:

Make sure the socks are thrown up in the air and not sideways. All children run in the same direction.

## DESCRIPTION

The socks are the popcorn. The child/children have to run over the popcorn to get it hot. Once you say the popcorn is hot enough and ready to pop each child finds a rolled-up pair of socks and throws it up into the air and shouts "Pop". They then find a new pair of socks and do the same. Once they have popped all the popcorn you can get the children running again to repeat the game.

## PROGRESSION/VARIATION

1. Have different coloured socks presenting different flavoured popcorn. When you shout "Strawberry" the child/children only pop the red socks, shout "Coconut" they pop only the white socks.
2. Introduce counting, children count the popcorn (socks) as they throw them up in the air.
3. Introduce teams and colours, for example, boys are in the blue team and girls are in the red team. When you shout "the popcorn is ready to pop" the boys can only pop the blue popcorn (socks) and girls can only pop the red popcorn (socks).