



MAIN ACTIVITY

GAME

Snowball Dodgeball

TIME:

15 – 20 mins.

EQUIPMENT:

Mats and sponge balls.

SAFETY:

Make sure surrounding area is clear of any hazards.
Make sure children follow the rules and stay out of the game when out.

LEARNING OUTCOMES:

- Gross motor skills.
- Winning & losing.
- Team work.
- Throwing and catching.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: Literacy / World / Expressive.

SET-UP:

Set up a line of mats at either end of your room. One for each child.

DESCRIPTION

The children are elves and the teacher is Jack Frost. Upon command of “Run elf, run” Elves have to run across the North Pole, (from one side of the area to the opposite side). The teacher is Jack Frost and throws snowballs at the children (sponge balls), if they get hit by a snowball, they join Jack Frost in the igloo at the side.

PROGRESSION/VARIATION

1. When a child is out, they can help the teacher to throw the snowballs.
2. When the children are hit with a snowball they freeze and turn into snowmen – they are back in the game if they or a team mate catches the ball.