



# MAIN ACTIVITY

## GAME

### Football Messy Bedrooms

Spring 1 – Week 15

#### TIME:

10 mins.

#### EQUIPMENT:

Footballs and mats.

#### SAFETY:

Be aware of other players. Only kick balls hard enough to get over the line, don't kick really hard at others from close range.

#### LEARNING OUTCOMES:

- Kicking / striking and gross motor skills.
- Speed, agility and balance.
- Teamwork, winning and losing.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: World / Maths.

#### SET-UP:

Split the area in half using a line of mats down the middle of the room. Scatter footballs everywhere.

## DESCRIPTION

Split the group into two teams, one team on either side of the mats. The idea of the game is to tidy their bedroom by kicking footballs into the other team's bedroom. The team with the tidiest bedroom (lowest amount of balls) is the winner.

## PROGRESSION/VARIATION

1. Introduce time limits.
2. Make area smaller and the children have to keep the balls within the area.
3. Introduce goals and if the children get the ball into the other teams goal it cannot be returned.