

MAIN ACTIVITY



Colour Messy Bedrooms

Spring 1 – Week 17

LEARNING OUTCOMES:

- Throwing, speed and agility.
- Gross and fine motor skills.
- Teamwork, winning and losing.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: World / Expressive / Maths.

TIME:

10 mins.

EQUIPMENT:

Net or mats, bean bags and coloured hoops.

SAFETY:

Be aware of other players. Be careful not to trip or slip on a bean bag.

DESCRIPTION

SET-UP:

Split the area in half using a line of mats or a tennis net if you have one. Scatter bean bags on one side of the net only. Place 4 coloured hoops on the other side of the net (red, blue, yellow and green).

Split the class into two teams, with 4 coloured hoops on one side of the net and all of the beanbags on the other. The beanbags represent toys and the hoops are the toy boxes. Each team gets a turn at tidying their room as fast as they can. Beanbags must be thrown over the net into the correct colour toy box, so red beanbags in red hoop, blue bags in blue hoop etc. the teams have 1 minute to score as many points as they can. They get a point if the correct colour beanbag is inside the correct hoop.

PROGRESSION/VARIATION

- 1. Introduce shorter time limits.
- 2. Place coloured hoops at varying distances.
- 3. Introduce different points for difficult or smaller targets.