



MAIN ACTIVITY

GAME

Rugby Stuck in the Mud

Summer 1 – Week 29

TIME:

10 mins.

EQUIPMENT:

Rugby balls.

SAFETY:

Ensure the children make use of the whole area and all run in the same direction.

LEARNING OUTCOMES:

- Gross and fine motor skills.
- Complex motor skills.
- Teamwork and communication.
- Throwing and catching.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: Maths / Expressive.

SET-UP:

No set up required. Give each child a rugby ball.

DESCRIPTION

The children run with their ball around the area, the teacher is trying to tag them. If a child gets tagged they are stuck in the mud. They must squeeze their ball between their legs and hold their hands out in front of them. Children that aren't stuck save their friends by throwing their ball for their stuck friend to catch, if the ball is caught they throw it back and then they are freed. The pass to rescue somebody must be a proper throw and catch not just handed to them.

PROGRESSION/VARIATION

1. Split the class into teams and each team can only rescue their teammates.
2. Children can be the catchers.
3. Set a time limit for all the children to be saved.