



MAIN ACTIVITY

GAME

Reaction Competition

Summer 2 – Week 35

TIME:

10 - 15 mins.

EQUIPMENT:

Quoits.

SAFETY:

Children to move in the same direction.

No pushing or shoving other children to get onto a quoit.

LEARNING OUTCOMES:

- Gross motor skills.
- Balance and body control.
- Quick reactions.
- Winning and losing.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: Expressive.

SET-UP:

Lay out quoits around the room, one for each child.

DESCRIPTION

The children run in and out of the quoits, when the teacher blows the whistle, the children have to balance on top of a quoit. After a few turns the teacher takes a quoit away, the child without a quoit is out.

PROGRESSION/VARIATION

1. Children to do different movements around the quoits, for example: side steps, jumping, pretending to fly and hopping.
2. Children have to balance for a certain amount of time and if they fall off before being told to run again, they are out.