



# MAIN ACTIVITY

## GAME

### Musical Hoops

Summer 2 – Week 36

#### TIME:

10 mins.

#### EQUIPMENT:

Hoops and music.

#### SAFETY:

Be careful not to slip on hoop, leave enough space between hoops.

#### LEARNING OUTCOMES:

- Gross motor skills.
- Listening and following instructions.
- Spatial awareness.
- Creativity and expression.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: Expressive.

#### SET-UP:

Set up hoops around the room, one hoop for each child.

## DESCRIPTION

When the music plays the children dance but must remain in their hoop. When the music stops the teacher can call out a spatial concept or action that the children must follow. When the music starts again the children continue to dance back inside their hoop. The spatial concepts and actions are as follows: Step forwards / step backwards / step sideways / sidesteps around the hoop / twist and move the hoop. Link all steps together.

## PROGRESSION/VARIATION

1. Show the children a sequence of steps that they must follow, for example, step forwards, step backwards, side-step out, side-step in, hula hoop.
2. Play in pairs but holding hands to complete the steps or actions.
3. Children create their own sequence of steps.