



MAIN ACTIVITY

GAME

Football Stuck in the Mud

Spring 1 – Week 15

TIME:

10 mins.

EQUIPMENT:

Footballs.

SAFETY:

Ensure the children make use of the whole area.

LEARNING OUTCOMES:

- Gross motor skills.
- Complex motor skills.
- Teamwork and communication.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: Literacy / Maths / Expressive.

SET-UP:

No set up required just give each child a ball.

DESCRIPTION

The children dribble their ball around the area, the teacher is trying to tag them. If a child gets tagged they are stuck in the mud. They must pick up their ball, hold it above their head and stand with their legs wide apart. Children that aren't stuck save their friends by kicking their ball carefully through the legs of their stuck friend. If the ball goes through their legs then they are freed and can go dribbling again.

PROGRESSION/VARIATION

1. Split the class into teams and each team can only rescue their teammates.
2. Children can be the catchers and there can be more than one.
3. Set a time limit for all the children to be saved.