



MAIN ACTIVITY

GAME

Flying Fish – Level 2

Spring 2 – Week 21

LEARNING OUTCOMES:

- Hand-eye co-ordination and catching.
- Fine and gross motor skills.
- Track and focus on a moving object.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: World / Maths / Expressive.

TIME:

15 mins.

EQUIPMENT:

Catching nets and bouncy balls.

SAFETY:

Make sure the children don't throw their ball, they only drop it and ensure they don't swing their catching net.

SET-UP:

No set up required.

Demonstrate the game before giving each child their equipment.

DESCRIPTION

The children drop their ball, let the ball bounce and catch it in their net. The group continuously practice to drop, bounce & catch the flying fish. Express that the ball can bounce two or three times and they can still catch it and to always keep their eye on the ball.

After 5/10 mins ask the children to put their net away but to keep their bouncy ball, it's the same concept as above – drop, bounce and catch but this time the children are catching using both hands. Express about keeping their eye on the ball. Make big soft hands and move them under the ball just like the net did.

PROGRESSION/VARIATION

1. Can they perform the task using their opposite hand?
2. Set the children a number for example 4, the ball has to bounce 4 times before they can catch the ball in their net or using their hands.
3. Drop the ball with one hand and catch it with their other hand.