



# WARM UP

## GAME

### Tricky Balls

Spring 1 – Week 17

#### TIME:

5-10 mins.

#### EQUIPMENT:

Reaction balls.

#### SAFETY:

Make sure the children drop the ball instead of throwing the ball. Make children aware of their surroundings so they don't run into anyone.

#### LEARNING OUTCOMES:

- Hand-eye co-ordination.
- Learning to react quickly and quick feet.
- Fine motor skills and catching.
- Winning and losing.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: Maths.

#### SET-UP:

No set up required.

Demonstrate the game first before giving each child a reaction ball.

## DESCRIPTION

Each child has a reaction ball, they drop their ball and catch it as quickly as they can. Ensure the children are in space before they drop their ball and encourage them to catch the ball with limited number of bounces. Express they must keep their eye on the ball as the ball can trick them! It can bounce in different directions.

Quick feet and agility are key.

Can the children judge and anticipate where the ball is going to bounce.

## PROGRESSION/VARIATION

1. Set a countdown for the children to collect their ball, for example, 5 or 10 seconds.
2. Call children up in groups of 4/5, each child stands behind a coloured cone and their cone matches the colour of their reaction ball. The teacher throws all the reactions balls up in the air, the children race to catch their coloured ball, the first child back to their cone wins.