



WARM UP

GAME

Rugby Mousetrap

Spring 2 – Week 19

LEARNING OUTCOMES:

- Gross and fine motor skills.
- Listening and reacting.
- Different body movements.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: Literacy / World / Expressive.

TIME:

5 – 10 mins.

EQUIPMENT:

Rugby balls and cones.

SAFETY:

Children all run in same direction. Be careful not to slip on the cones.

SET-UP:

Place cones in a big circle for the children to run around. Give each child a rugby ball.

DESCRIPTION

The cones are the pieces of cheese and the children are the mice. The teacher is the cat and will call out the special word to listen for. The children run around the outside of the cheese and when they hear the special word 'mousetrap' they react by scoring a try and putting their ball down at a cone. Children must react fast and keep hands on the ball.

PROGRESSION/VARIATION

1. Progress to having a cooking pot in the middle and slowly taking away some of the pieces of cheese, the children who don't get their ball onto a spot go in the middle. Children that are left in can choose ingredients to go in the cooking pot with the mice that have been caught.
2. Start to practice some handling skills whilst at the spots.