



# WARM UP

## GAME

### Jumping Frogs

Spring 2 – Week 22

#### TIME:

5-10 mins.

#### EQUIPMENT:

Hoops.

#### SAFETY:

All children must move in the same direction.  
Children must not run through the hoops as they could slip or trip.

#### LEARNING OUTCOMES:

- Jumping and landing.
- Teamwork and sharing.
- Counting.
- EYFS Prime: C.L / P.D / P.S.E.D.
- EYFS Specific: Literacy / Maths / World / Expressive.

#### SET-UP:

Make a large circle out of hoops in the middle of your area.

## DESCRIPTION

The children are frogs, the teacher is a swan and the hoops are lily pads. The children start by jumping from lily pad to lily pad in the same direction and with control. Encourage the group to make a frog noise, “ribbit ribbit”. When the teacher shouts “stop jump into the pond”. Children pretend to swim around the pond and when the teacher says “watch out for the swan”, the children run fast around the outside of the hoops. When you shout “2 frogs on a lily pad”, the children share a hoop so that there are two children on a lily pad.

## PROGRESSION/VARIATION

1. Start to take away hoops from the floor so it becomes an elimination game.
2. When there are 2 children in a hoop you can get them to pick up the hoop whilst both still inside it. Now the children can go walking together to different parts of the room.
3. Whilst the children are in a hoop, they could also perform exercises.