



# MAIN ACTIVITY

## GAME

### Hockey skill school

Autumn 1 – Week 2

## LEARNING OUTCOMES:

- Fine motor skills.
- Hand-eye co-ordination.
- Listening and follow instructions.
- EYFS Prime: P.D / P.S.E.D.
- EYFS Specific: Maths / World / Expressive.

## TIME:

10 mins.

## EQUIPMENT:

Hoops, hockey sticks and balls.

## SAFETY:

Children must be sensible with the hockey sticks, keep children spread out so they are not too close to each other.

## SET-UP:

Set up a hoop, ball and stick for each child with space around each child for safety.

## DESCRIPTION

The children perform different skills inside the hoops trying not to let the ball go outside of the hoop. When the teacher shouts stop, children stop the ball and listen for the Skills:

1. Quick taps side to side.
2. Push and pull the ball forwards and backwards.
3. Push the ball and walk around the hoop.
4. Push and roll the ball around the hoops edge.
5. All skills together, children go dribbling.

## PROGRESSION/VARIATION

1. Get the children to count how many times they can tap ball / push ball etc. then challenge them to beat their score.
2. Start a competition where the children are eliminated if their ball goes outside the hoop.